

Physiotherapist - 1.0 FTE **Internal and External Opportunity**

Position:	Physiotherapist – Unionized position under NSGEU Local 102
Reports to:	Manager at the Brunswick Street
Location:	2445 Brunswick Street
Hourly Pay Scale:	\$36.58 - \$48.53, depending on the experience
Work term:	1-year term, with possibility of extension
Hours:	37.5 hrs. per week, schedule to be determined by the manager
Deadline:	Open Until filled

About NECHC

The North End Community Health Centre (NECHC) was established in 1971 in response to an absence of primary health care and other health services in Halifax's North End. Located on Gottingen Street, we are in the heart of a unique and culturally diverse community. Today, governed by the North End Community Health Association, the NECHC is viewed by area residents as a "beacon of hope" in the community. Much more than a Primary Care Clinic, the NECHC has expanded in response to unmet needs of community members and is highly valued by its patients and clients and their families. NECHC provides services to those living on the margins of society, through MOSH, Housing First and a wide range of community outreach initiatives.

Vision

Strong community - healthy people.

Mission

We support health and well-being in our community through quality primary health care, education and advocacy in an environment in which people are treated with respect and dignity and there is equitable access to services and programs.

Values

Respect. Community. Compassion. Excellence. Innovation





Diversity, Equity and Inclusion Commitment

The North End Community Health Centre is committed to being an inclusive organization. We are working to ensure our organization represents the diverse people and communities we serve. Our position postings encourage members from the following communities to apply:

- 2SLGBTQIA++
- African Nova Scotian and/or people of African Descent
- Indigenous
- People with disabilities
- Language minorities
- People of Color and/or racially visible minorities
- Immigrant and refugee
- Connected to the North End of Halifax

In order to self-declare inclusion in equity groups please complete the self-declaration screening question as a part of your application at <u>nechc.com/jobs</u> or indicate in with your resume and cover letter. Your declaration of membership in any of these equity groups will remain confidential.

Job Summary:

Brunswick Street Supportive Housing project provides 24/7, wrap-around support to 38 tenants who are 50+ to age in place. A multidisciplinary team of social workers, nurses, occupational therapist, physical therapist and continuing care assistants ensure each tenant has a support plan that meets the physical health, mental health and social needs. In addition, the team has housing support workers 24/7 to support tenants in maintain their tenancies and accessing services

The Physiotherapist at the Supportive Housing program – Brunswick Street plays a vital role within an interdisciplinary health team, providing physiotherapy services that support the unique needs of senior residents. This position involves delivering trauma-informed, client-centered care to older adults who may be living with complex health conditions, mobility challenges, cognitive impairments, or the effects of trauma and systemic marginalization. Through comprehensive assessment and inclusive programming, the Physiotherapist enhances physical function, promotes independence, and improves overall quality of life for residents. Services are grounded in principles of dignity, cultural responsiveness, and holistic well-being, aiming to foster community connection and reduce isolation among seniors.



Education and Experience:

- Bachelor's degree in Physiotherapy or acceptable equivalent from a recognized school of Physiotherapy
- Current registration with the Nova Scotia College of Physiotherapy Registration and eligibility for membership in Canadian Physiotherapy Association.
- Holds current professional liability insurance.
- Minimum of 3 years' experience in a similar role that requires a broad scope of practice, multiple demands and teamwork.
- Experience in not for profits and health care setting preferred but not essential.
- Experience working in a collaborative practice setting.
- Experience working with people experiencing poverty, homelessness, and other social determinants of health issues an asset.
- Experience working in a diverse and multicultural environment.
- Valid class 5 NS driver's license with clean driver's abstract and access to own reliable vehicle (not for client transportation) asset.

Position Responsibilities:

The following duties reflect the broad scope of responsibilities but are not necessarily all-inclusive:

- Complete comprehensive biopsychosocial and functional assessments based on the complexities of complex health and social issues like racism and poverty.
- Provide individualized physiotherapy services to senior residents, including assessments, treatment plans, and interventions to support mobility, function, and overall health.
- Facilitate group physiotherapy sessions when beneficial, tailored to the physical and cognitive abilities of older adults.
- Conduct thorough biopsychosocial and functional assessments that incorporate age-related factors, chronic conditions, and social determinants of health.
- Develop trauma-informed, strengths-based care plans in collaboration with residents and interdisciplinary team members.
- Support seniors in navigating complex healthcare systems and social support, including tasks such as arranging mobility aids or securing funding for care-related needs.
- Ensure all physiotherapy equipment and resources are accessible, well-maintained, and appropriate for older adult use.





- Promote resident engagement in therapeutic activities to reduce isolation, enhance social connection, and support aging in place.
- Participate in team meetings and communities of practice to support ongoing learning and coordinated care.
- Other duties as required.

Special Knowledge & Skills:

- Able to work with minimal supervision.
- Self-directed and outcome oriented.
- Strong boundaries and capable of prioritizing work demands.
- Insightful to abilities and contribution to teams and impact on others.
- Committed to lifelong learning and professional development.
- Ability to learn from mistakes.
- Positive "can do" attitude and an appreciation that his/her actions impact patient care.
- Capacity for moderate physical to perform this role including lifting, repetitive motion, standing, reaching, sitting, pushing/pulling.
- Capacity for constant interaction with people, some aggressive or verbally abusive.
- Capacity to navigate exposure to usual hazards of health care and other environments outdoors, community spaces, client homes for some home visits).

How to Apply:

Those interested in applying for this position should send their cover letter and resume to nechc.easyapply.co.

We thank all applicants for their interest, only those selected for an interview will be contacted.

For any additional information please reach out to employment@nechc.com