



## MENTAL HEALTH CLINICIAN

### Designated posting

### Internal/External Opportunity Brief

**Position:** Pause Mental Health Clinician (member of NSGEU, Local 102)  
**Reports to:** Director of Community and Mental Health  
**Location:** 2131 Gottingen Street, Halifax NS  
**Pay Scale:** \$31.99/hr  
**Work Term:** 0.5 FTE, (18.75 hrs/week: one year term based on project funding)  
(could include days, evenings and weekends)  
**Deadline:** *October 3, 2023*

To ensure our organization represents the diverse people and communities we serve, this position is designated for African Nova Scotians.

### About NECHC

The North End Community Health Centre (NECHC) was established in 1971 in response to an absence of primary health care and other health services in Halifax's North End. Located on Gottingen Street, we are in the heart of a unique and culturally diverse community. Today, governed by the North End Community Health Association, the NECHC is viewed by area residents as a "beacon of hope" in the community. Much more than a Primary Care Clinic, the NECHC has expanded in response to unmet needs of community members and is highly-valued by its patients and clients and their families. NECHC provides services to those living on the margins of society, through MOSH, Housing First and a wide range of community outreach initiatives.

### Vision

Strong community - healthy people.

### Mission

We support health and well-being in our community through quality primary health care, education and advocacy in an environment in which people are treated with respect and dignity and there is equitable access to services and programs.

### Values

Respect. Community. Compassion. Excellence. Innovation

### Commitment to Diversity, Equity and Inclusion

The North End Community Health Centre is committed to being an inclusive organization. We are working to ensure our diverse workforce of staff and volunteers reflects and represents the diversity of the people and communities we serve. Our position postings encourage members from the following communities to apply:

- Indigenous

- African Nova Scotian and/or people of African Descent
- People with disabilities
- People of Colour and/or racially visible minorities
- Immigrant and refugee
- 2SLGBTQIA++
- Individuals connected to the North End of Halifax

To self-declare inclusion in equity groups please complete the self-declaration form available on our website and submit it with your resume and cover letter. Your declaration of membership in any of these equity groups will remain confidential.

## **PAUSE Mental Health Clinic**

The Pause Mental Health Walk-In Program delivers mental health services using a single session, walk-in model both in person and over the phone. Operating three nights a week in different locations, Pause provides support for community members experiencing issues around mental health and mental wellness symptom management, grief, trauma, and other issues.

## **Job Purpose**

The Mental Health Clinician will deliver mental health support to community members in a walk-in, single session program both in person and over the phone, as part of a multidisciplinary team. The Mental Health Clinician will be responsible for seeing community members in single sessions as well as participating in team building and clinical supervision activities with the Mental Health Walk-In Program team. The Mental Health Clinician will be responsible for keeping up to date case notes, making referrals and taking part in evaluations.

## **Key Responsibilities**

- Providing clinical mental health care on a one on one basis to community members who may be experiencing homelessness, poverty, and other effects of systemic marginalization
- Working collaboratively with other agencies
- Making appropriate referrals
- Keeping up to date case notes
- Working with other collaborative health team members to help support client care plans
- Other duties as assigned

## **Education and Experience**

- Masters in Counselling, Social Work or BSc – Nursing (with appropriate training in Mental Health Counselling or Therapy)
- Registration with appropriate governing body
- Minimum two years experience in community mental health settings
- Demonstrated understanding of anti-oppressive work and trauma informed care
- Experience advocating in large systems, such as income assistance or housing is an asset
- Ability to maintain a high degree of discretion, diplomacy, and confidentiality

## **Professional Knowledge, Skills and Abilities**

- Experience and a high degree of knowledge of clinical mental health skills. Including an understanding of different modalities including, but not limited to, trauma based, feminist, strength based, solutions focused, acceptance and commitment, cognitive, behavioural and narrative therapies
- Knowledge of harm reduction
- Demonstrated risk assessment skills
- Knowledge and experience with the founding communities (African Nova Scotian and First Nation) as well as Newcomer/Immigrant communities, and the LGBTQA+ communities of Halifax
- Knowledge of current community challenges and opportunities relating to mental health and wellness
- Must be able to work with a degree of autonomy and demonstrate critical thinking and sound clinical judgement
- Highly motivated, proactive and creative with the ability to be adaptive and resilient
- Values diversity with a commitment to equity, diversity and inclusion
- A commitment to ongoing learning and development

## How to Apply

Those interested in applying for this position should send their cover letter and resume to [employment@nechc.com](mailto:employment@nechc.com) by **October 3, 2023**. We thank all applicants for their interest, only those selected for an interview will be contacted.

NECHC is committed to accommodating applicants with disabilities throughout the hiring process, in accordance with the Nova Scotia Accessibility Act. We will work with applicants requesting accommodation at any stage of the hiring process.

Please note that a vulnerable sector criminal record check is required for all NECHC employees working directly with clients, participants and patients. In addition, proof of registration with association and /or college, confirming training.

Please note that as of October 4, 2021, all new hires will be required to provide proof of full vaccination as a condition of employment.