

# NURSE PRACTITIONER Internal and External Opportunity Brief

Position:Nurse PractitionerClassification:This is a union position under NEGEU Local 102Location:North End Community Health Centre ClinicHours of Work:37.5/hrs per week (1.0 FTE)Work Term:Full time, permanentPosted to:March 24, 2023Hourly rate:\$52.15 - \$60.97, dependent on skills and experience

## Job Purpose

Reporting to the Mobile Outreach Street Health (MOSH) Manager, the Nurse Practitioner provides health care service as a member of the collaborative MOSH team that includes physicians, nurse practitioners, nurses, occupational therapists, health case manager and others to a designated client population group requiring focused health and illness care. The nurse practitioner is licensed in a nurse practitioner class pursuant to the regulations of the Nova Scotia College of Nurses. The practice of a nurse practitioner includes the provision of the specialized health services, which include harm reduction, health promotion, illness and injury prevention, coordination and management of acute and emergent health problems and education and advocacy relevant to the patient population. Location of work would include a clinical setting at the North End Community Health Centre (NECHC), and other NECHC and community sites including homes.

The following are the main objectives of the MOSH program:

- To increase access to effective and equitable primary health care to community members across the life span who are homeless, street involved, and insecurely housed.
- To improve health status of marginalized and underserved populations.
- To create a collaborative environment in which information, knowledge, and resources are shared among community service, health care, academic, and government organizations.

# **Position Responsibilities**

#### 1. Health Promotion & Illness Prevention:

Determines the need for and implements health promotion and primary and secondary prevention strategies for individuals, families and groups.

- Collaborates with clients, interdisciplinary teams, and community members in assessing health promotion and illness prevention needs of clients and families.
- Uses a population health, community development approach in planning, developing and implementing health promotion and illness prevention strategies/programs.
- Provides direct, specialized, comprehensive care/nursing services emphasizing relationship-based care, social determinants of health, trauma-informed approach, harm-reduction approach, health promotion, disease prevention and collaborative management strategies to positively affect health outcomes.

#### 2. Management of Health of the Individual and Family:

Assesses, diagnoses, manages and evaluates health/illness concerns of the patients within the context of the patient's experience and determinants of health. Applies accepted theories of family dynamics, interactions and role expectations while managing the care of individuals and families.

- Demonstrates advanced knowledge and synthesis of advanced nursing practice within a clinical specialty.
- Performs advanced health assessment and clinical decision making within a clinical specialty for the purpose of making a diagnosis or assessing the effectiveness of treatment.
- Orders and interprets relevant screening and diagnostic tests.
- Selects, recommends, prescribes and monitors the effectiveness of drugs and interventions.
- Performs procedures (invasive/noninvasive) to restore, regain or maintain physiological stability of client as required by context of practice.
- Initiates referrals and coordinates care with other health care providers and community agencies.
- Provides counselling and education.
- Monitors and documents clients' response to treatment and interventions, health status and outcomes.

## 3. Advocacy and Community Development:

Utilizes principles of community development and capacity building in promoting and advocating for health policy.

- Uses principles of community development and capacity building in promoting and advocating for healthy public policy.
- Synthesizes information from individuals, client populations and communities to identify broader implications for health within a community.
- Collaborates with interdisciplinary teams and community members in identifying client population, health needs and resources, and in developing, implementing or evaluating community health programs.
- Advocates with or on behalf of clients and other members of the health care team to enhance health care for individuals and the client population in their area of practice.

#### 4. Professional Leadership:

Nurse practitioners, as accountable professionals who practice according to professional, ethical and legal standards:

- Conducts research and applies research and a broad range of theories to clinical practice using critical thinking and decision making relevant to the coordination, delivery and evaluation of health care services in area of practice.
- Provides consultation to nursing staff, managers, coordinators, physicians and other team members regarding clinical and professional practice issues.
- Acts as a mentor to nursing colleagues, students, and others to improve and support nursing practice.
- Participates and provides leadership on intra-and inter-disciplinary committees related to development of policies, procedures, protocols, guidelines, standards, education or research
- Anticipates emergent and future issues/changes and provides leadership and vision in short and long term planning; contributes to strategic planning at all levels.
- Shares expertise and provides consultation beyond the boundaries of the institution into regional, provincial, national and international communities in areas of specialization
- Collaborates with academic institutions through shared projects and/or through joint appointments
- Contributes to the broader context of nursing knowledge through scientific presentation and

publication

#### **Education and Experience**

- Masters of Nursing Advanced Nursing Practice Stream
- Minimum 2 years of experience as an NP a strong asset
- Community Nursing training a strong advantage
- Preferred CNA Certificate of Competence within the designated specialty.
- Experience working with people experiencing homelessness and in harm reduction a strong asset.
- Drivers license with 2 years clean driving abstract required. Access to reliable vehicle may be required at times.

#### Professional Knowledge, Skills and Abilities

- Possesses above average nursing assessment skills including physical assessments,
- Demonstrated knowledge of a variety of mental illnesses, addiction, chronic and infectious conditions, acute illness, co-morbidity and treatment modalities,
- Possesses an above average understanding of the social determinants and population health,
- Demonstrated experience in supportive counseling,
- Experience advocating for clients, individually and at a systemic level,
- Expertise and comfort working independently utilizing delegated medical directives,
- Excellent team player, above average communication skills, excellent time management skills
- Knowledge and experience with equity-deserving communities (eg. African Nova Scotian Indigeneous, LGBTQTS++, newcomers)
- Knowledge of current community challenges and opportunities relating to the mission of the organization
- Must be able to work respectively with complex and challenging patients with the demonstrated use of conflict resolution skills and an understanding of relationship based care
- Must have an understanding and comfort with harm reduction, have an above average understanding of the issues of homelessness and must be able to work with challenging situations of social injustice
- Proficient in using computers, basic office and spread sheets
- Knowledge of MedAccess would be an asset
- Demonstrated work in highly stressful situations. Adaptable and flexible.
- Must be able to work with a degree of autonomy and demonstrate critical thinking and sound judgement
- Provide current immunization records (tetanus, diphtheria, polio, measles, rubella, chicken pox, hepatitis B) Hepatitis B surface antibodies (6 weeks post- test), have the 2 step mantoux (tuberculin) and proof of COVID 19 vaccinations

#### Working Environment

- Supportive, exciting and challenging environment
- Exposure to usual hazards of health care centre
- Constant interaction with vulnerable people, some aggressive or verbally abusive
- Moderate effort is required to perform this role including lifting, repetitive motion, standing, reaching, sitting, pushing/pulling.

#### How to Apply

Those interested in applying for this position should send their cover letter and resume to employment@nechc.com

by March 24, 2023

We thank all applicants for their interest, only those selected for an interview will be contacted.